



ViCo

REGENERATIVE RETREAT

Dong Nai

January 15 - 18, 2026

A regenerative long-weekend to connect deeply and inspire.

Regenerate yourself and with us. We invite you for a long-weekend designed for those shaping the future of Vietnam. Time for deep connection, inspiration, and replenishing through a blend of mindful practice, conversation, and shared celebration.

We bring together 10 - 20 participants from across Vietnam's sustainability ecosystem to pause, breathe, and return with renewed clarity.

The program runs from Thursday 15th from 15:00 to the afternoon of Sunday 18th after lunch. All transport, food, accommodation, drinks, and the program are taken care of.

Join, and let the river carry you.



A CHANCE FOR CHANGEMAKERS

Changemakers often work in environments defined by urgency.

We mostly meet in events of a few hours, and run out of time for a deeper, meaningful connection. This pace crowds out reflection, community, and the energy needed to build long-term connection.

Connection that is so vital for us to build trust, understanding, and reach a higher level of joint collaboration. Without spaces to recover mind and body, inspiration fades, collaboration thins, and the systemic work Vietnam needs becomes harder to carry

- ▶ A chance for deeper, meaningful connection
- ▶ Light program for mind, body, and connectivity
- ▶ Music, great vegetarian food, and beautiful nature
- ▶ In an inspiring example of regenerative tourism



ACTIVITIES

BODY

Morning sessions help participants reset physically. Gentle movement, stretching, and we're looking to get a yoga teacher onboard.

A hike in the afternoon, visit to the lake nearby, and explore the amazing campgrounds.

MIND

Workshops for mindfulness and personal resilience, reflection circles, and nature-framed activities help deepen attention, release stress, and foster quiet insight.

A Music program at night encourage connection and a bit of party.



CONNECT

This is where the community comes together. Through facilitated conversations in playful formats we explore how to collaborate more effectively, nourish shared purpose, and shape a regenerative Vietnam.

The rhythm of the days is intentionally spacious.

Meals are shared, nourishing, and vegetarian. All meals and basic drinks are included. Alcoholic drinks are available at the bar and paid individually.



EVENINGS

The atmosphere shifts after sunset.

Thursday welcomes the group with a joyful evening, easing conversations into the night.

Friday is a party evening with music and a DJ-set by the organizing team.

Joyful, light, evenings, seaking in the nature around us, and aligned with ViCo's belief that celebration is part of regeneration.



CRAFT IMPACT

Return home with clear mind, renewed energy, and stronger ties.

Maybe you come home with a new partnership. Maybe you leave with tools to navigate complexity with more ease. In any case, we all will strengthen the social fabric behind Vietnam's sustainability movement, and a recharge for the new year.

Join us to cultivate a culture where regeneration and celebration coexist.



DETAILS & PRICES

We purposefully try to keep the budget accessible, to be as inclusive as we can. All packages include 3 nights, meals, transport, workshops, body/mind sessions, and evening programs. Prices include VAT.

OPERA TENT (2 PERSONS) WITH PRIVATE BATHROOM

Members: \$ 540 /pp

Non-members: \$ 670 /pp

- ▶ If you book alone, let us know your preference for roommate, and we try to match you up.
- ▶ If you like a tent by yourself as a single person, add \$260.

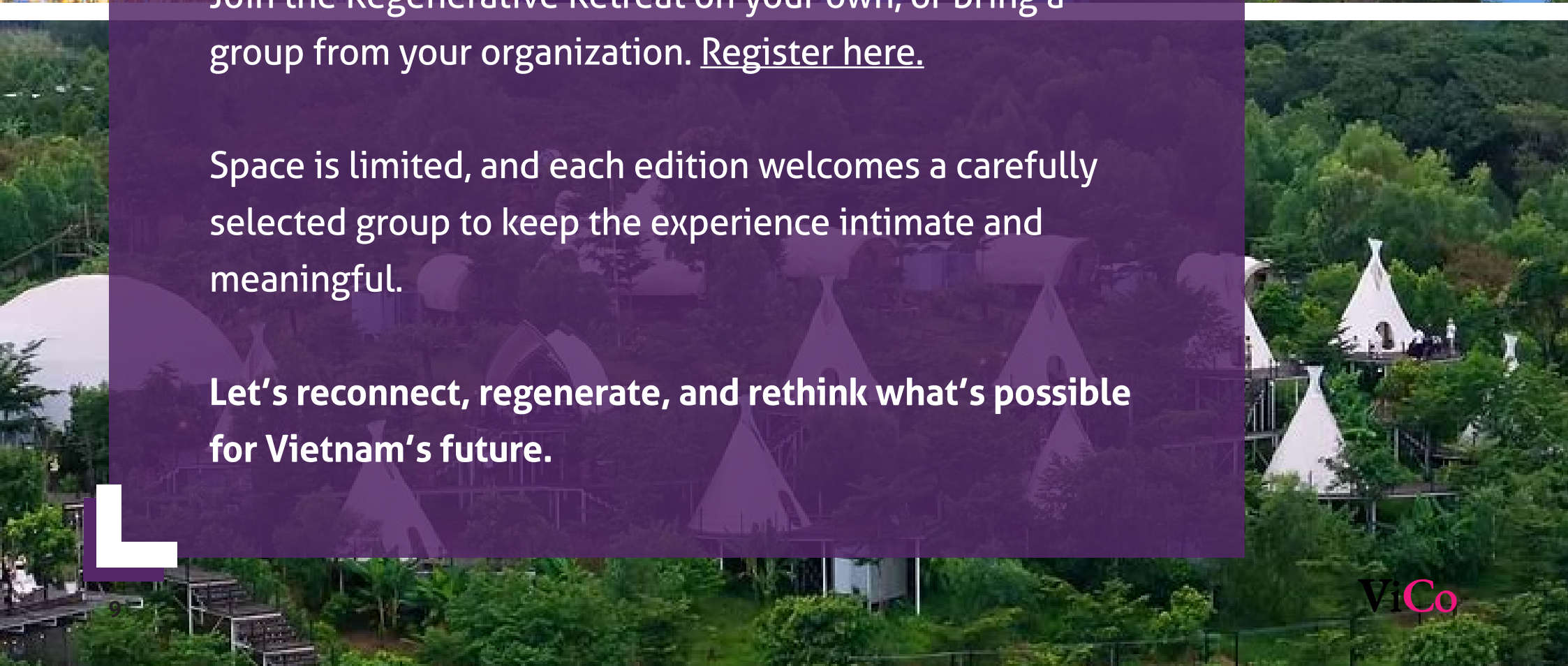




Join the Regenerative Retreat on your own, or bring a group from your organization. [Register here.](#)

Space is limited, and each edition welcomes a carefully selected group to keep the experience intimate and meaningful.

Let's reconnect, regenerate, and rethink what's possible for Vietnam's future.







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Vietnam's Community of Changemakers

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ViCo